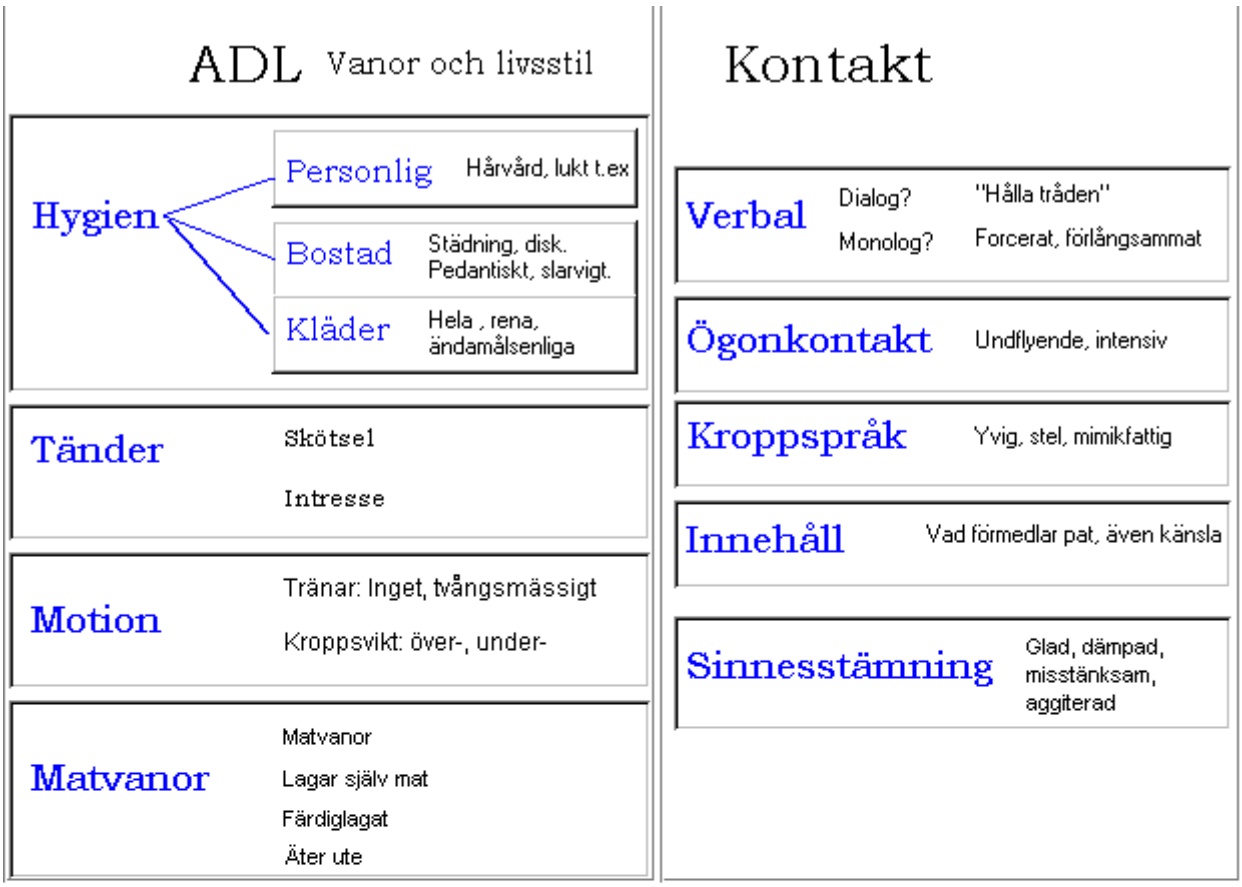Lathund till patientrapporten